

2024 ANNUAL REPORT



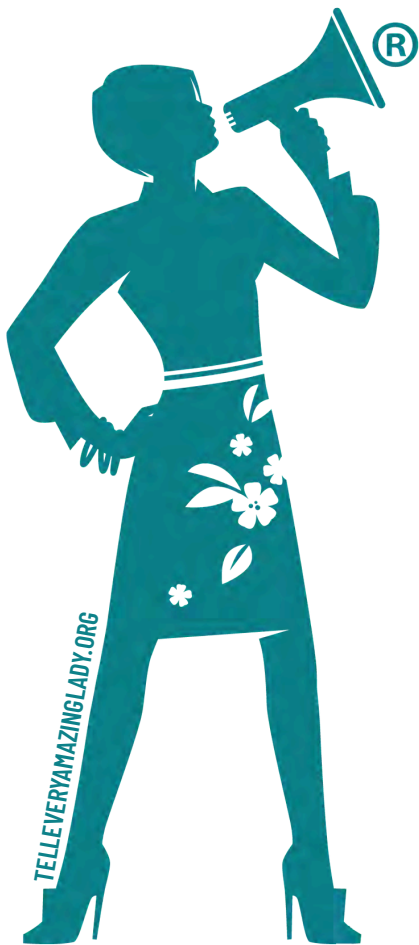
Louisa M. McGregor
Ovarian Cancer Foundation
TellEveryAmazingLady.org

TELL EVERY AMAZING LADY® ANNUAL REPORT SUMMARY

TELL
EVERY
AMAZING
LADY.org

MISSION

Our mission is to offer women's health and wellness services, including public awareness and education of the signs, symptoms and risk factors of ovarian cancer, provide support to those impacted by the disease and raise funds for research in order to find a screening test and a cure.



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TELL EVERY AMAZING LADY® ABOUT OUR SERVICES



ELEVATING WOMEN'S HEALTH THROUGH OVARIAN CANCER RESOURCES & BEYOND.

Visit TellEveryAmazingLady.org to learn more
about the **FREE** resources below.

Patients & Survivors:

- Workshops & Events
- Tell Every Amazing Lady® Membership Program
- Clinical Trials Resources
- Share Your Story Opportunities
- Connect With Other Survivors
- Genetic Counseling & Genetic Testing Resources
- Fertility Support
- Guidance & Support
- Home Care Support Resources
- Wellness, Diet & Nutrition Resources
- Beauty Support
- Financial Support Resources
- Digital Tools
- And more!

Loved Ones & Caregivers

- Workshops & Events
- Genetic Counseling & Genetic Testing Resources
- Wellness, Diet & Nutrition Resources
- Guidance & Support
- Home Care Support Resources
- Digital Tools
- And more!

General Public:

- Workshops & Events
- Genetic Counseling & Genetic Testing Resources
- Wellness, Diet & Nutrition Resources
- Women's Health Resources
- Digital Tools
- And more!

ALL OUR
RESOURCES ARE
FREE

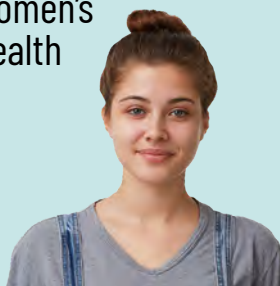
Ovarian Cancer



Menopause



Women's Health



T.E.A.L.® Walk/Run™ Program



Women's Health:

- Workshops & Events
- Wellness, Diet & Nutrition Resources
- Fertility & Family Planning Resources
- Mental Health & Wellness Resources
- Sexual Health Resources
- Visiting the OBGYN Education
- Heart Health Resources
- Digital Tools
- And more!

Menopause:

- Workshops & Events
- Hair, Skin & Beauty Resources
- Wellness, Diet & Nutrition Resources
- Hormone Resources
- Genetics & Surgical Menopause Education
- Digital Tools
- And more!

OUR MISSION

We offer women's health and wellness services, including public awareness and education for the signs, symptoms and risk factors of ovarian cancer, providing support to those impacted by the disease, and raising funds for research in order to find a screening test and a cure.

Tell Every Amazing Lady® Membership Program: a **FREE**, patient navigation support service for ovarian cancer patients and survivors, offering personalized guidance and resources based on individual needs and interests

Languages/Awareness: Offered in English, العربية, 中文, Italiano, Español, Deutsche, русский, עברית, മലയാളം, 한국어

Tell Every Amazing Lady® Workshops: **FREE** virtual and in-person events offering support, wellness, education, and art therapy for all

Digital Tools: Explore videos and resources at TellEveryAmazingLady.org to support women's health and raise awareness for patients, survivors, and the public

TELL EVERY AMAZING LADY® ANNUAL REPORT SUMMARY

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LADY®.org

SOME 2024 ACHIEVEMENTS TO HIGHLIGHT

TELL EVERY AMAZING LADY® IN USA TODAY!

In September, during National Ovarian Cancer Awareness month, USA Today launched an ovarian cancer awareness campaign where Tell Every Amazing Lady® was featured on the cover and interior alongside Shannon Miller, an olympic gymnast who opened up about her battle with ovarian cancer. You can find us in Mediaplanet's Ovarian Cancer Awareness campaign, throughout September 2024. Usually found at an advanced stage, ovarian cancer is the deadliest gynecologic cancer in part because it is difficult to detect early. Join us in educating everyone on the signs, symptoms and risk factors, while supporting those affected. Together, we can make a difference! The campaign was distributed through USA TODAY on September 27th, 2024 and is published online: <https://bit.ly/3XGsEZR> Tell Every Amazing Lady®'s Featured story can be found [here](#).

DIRECT RELIEF FUND

Tell Every Amazing Lady® received \$200,000 from the Fund for Health Equity for its work to increase access to healthcare services in underserved communities.

Tell Every Amazing Lady® collaborates with the Weill Cornell Medicine Meyer Cancer Center at New York-Presbyterian Brooklyn Methodist Hospital and the Center for Community Health at NewYork-Presbyterian Brooklyn Methodist Hospital. Throughout the grant period, we hope to eliminate health disparities by increasing enrollment of patients from underrepresented communities diagnosed with gynecologic cancers into clinical trials and improving compliance with recommended treatment by helping them overcome barriers of cost, fear, and misinformation. Enhancing patient navigation is part of fulfilling this grant to help achieve more equitable cancer care.

1ST LAS VEGAS T.E.A.L.® WALK/RUN

The inaugural Las Vegas T.E.A.L.® Walk/Run on October 12th, 2024, was a huge success, selling out and surpassing all expectations! Thanks to the dedication of our volunteers, the generosity of our sponsors, and the incredible support from the community, the event was filled with inspiring moments and unforgettable experiences. [Click here](#) to check out the photos and videos that capture the excitement and energy of this day!

TELL EVERY AMAZING LADY® ANNUAL REPORT SUMMARY

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CONTINUED

2024 TCS NYC MARATHON

Team Tell Every Amazing Lady® for the 2024 TCS NYC Marathon, consisting of 12 amazing runners raised \$70,775.90 which is more than double the contracted amount of \$30k.

MEDICAL RESEARCH

In 2024, because of our amazing supporters, we were able to help fund important medical research at Wake Forest University School of Medicine and Cedars Sinai Medical Center. Partial funding for these grants were made possible by donations to the Jane Fund. We are incredibly grateful for the generous support of our community, donors, and volunteers. Your commitment makes it possible for us to continue making a meaningful impact. Together, we are driving change, supporting those in need, and creating a brighter future.

LAUNCHED FERTILITY BROCHURE

On May 24th, two of our initiatives, our Reproductive Medical Associates (RMA) of NY collaboration brochure and our Barriers to Women's Health video as part of our T.E.A.L.® Couch video series were launched! We thank RMA for collaborating on this important oncofertility and fertility preservation brochure project and we thank Golda Arthur from [Overlooked Podcast](#) for being a part of our T.E.A.L.® Couch video series and talking with us about how to overcome barriers to women's health. You can find our RMA brochure [here](#) and the link to our video series [here](#)!

INA®

Tell Every Amazing Lady launched a new partnership with Savor Health to offer the Intelligent Nutrition Assistant, INA®, a 24/7 Nutrition Guidance tool. INA® is a knowledge-based personalized nutrition technology expert platform for people with cancer. The information that is provided is based on scientific evidence and the training of oncology-credentialed registered dietitians, nurses, and doctors.

TELL EVERY AMAZING LADY® CHATBOT

To keep up with the development of our website and new programs, Tell Every Amazing Lady has launched an Artificial Intelligence-based chatbot. This chatbot can answer questions from website visitors by pulling information directly from the website itself.

TELL EVERY AMAZING LADY® ANNUAL REPORT SUMMARY

TELL
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LADY®.org

CONTINUED

WE INCREASED IN PERSON WORKSHOPS AND EVENTS IN 2024!

A FEW HIGHLIGHTS BELOW:

Prospect Park Alliance Collaboration

Since the pandemic, Tell Every Amazing Lady® has hosted a weekly Energy Healing and Meditation Workshop online and then in 2024 launched a new in-person summer series Presented by Tell Every Amazing Lady® In partnership with Prospect Park Alliance and moderated by Jane Weedon, offering participants a soothing start to their week and fostering wellness. These sessions include breathing exercises, tips to mediate stress and anxiety, and the opportunity to meet other community members.

Be A Force of Change: Women's Health Workshop

On November 14th, 2024, Tell Every Amazing Lady® hosted an informative women's health workshop in collaboration with Weill Cornell Medicine. The workshop took place at our Tell Every Amazing Lady® community center in Windsor Terrace, Brooklyn, NY. Local residents joined us over breakfast and coffee to learn valuable insights on preventing breast, ovarian, cervical, and uterine cancers. The session also covered genetics and advancements in treatment options, including new clinical trials, and was led by Vrushali Thakkar.

Food, Fun, & Facts Event in Staten Island

Tell Every Amazing Lady® hosted Food, Fun & Facts: An Ovarian Cancer and Genetics Luncheon, at Corrado's Cucina on April 20th! The event took place in Councilman Joe Borelli's 51st district and included a free lunch during an educational presentation by Flora Days, MS, CGC and Tell Every Amazing Lady® Board Member and Program Committee Chair. It also included stories from a family that had been impacted by cancer and genetics. This event was part of Tell Every Amazing Lady®'s ovarian cancer awareness work leading up to May 8th, which is World Ovarian Cancer day.

T.E.A.L.®'s Nutrition Workshop

On Thursday, June 27, 2024, the T.E.A.L.®'s Community Center in Park Slope, Brooklyn, hosted a Nutrition Workshop in partnership with New York Gastroenterology Associates. The workshop focused on dispelling myths and offering tips for plant-focused eating. Attendees enjoyed tacos for dinner, followed by a live demonstration and Q&A session highlighting the importance of creating plant-forward meals, led by two nutritionists.

TELL EVERY AMAZING LADY®'S FINANCIALS

TellEveryAmazingLady.org/financials

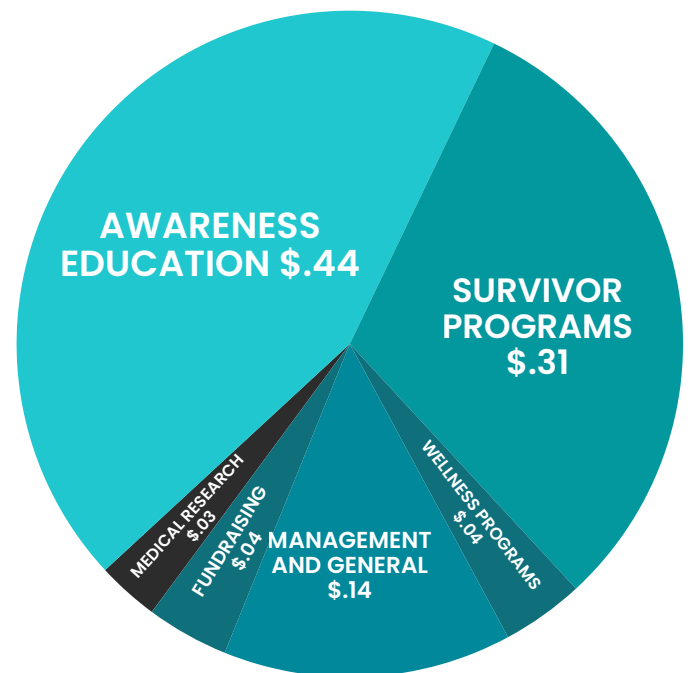
FINANCIAL STEWARDSHIP

- Since 2011, nonprofit rating website Candid's GuideStar has given Tell Every Amazing Lady® an average rating of **5 out of 5 stars and a Platinum Rating**.
- Great Non-Profits an independent evaluator of non-profits, deemed Tell Every Amazing Lady® as Top Rated since 2011.
- Since 2015, Tell Every Amazing Lady® has been awarded the BBB Accredited Charity Seal by Better Business Bureau.
- Charity Navigator has awarded T.E.A.L.® with Four Star status since 2023.
- Tell Every Amazing Lady® received a seal from Good Deed Seats for being one of the top 49 **most innovative national organizations** for giving back in 2016.



FINANCIAL STATEMENTS

- Tell Every Amazing Lady® is a 501(c)3 not-for-profit organization committed to transparency of its financial operations.
- Our financial documents are public and available for viewing on our website: TellEveryAmazingLady.org/financials
 - 990s
 - Annual Reports
 - Audit reports and financial statements



Tell Every Amazing Lady About Ovarian Cancer Louisa M. McGregor Ovarian Cancer Foundation also known as T.E.A.L.®
T.E.A.L.® Community Center 533 16th Street, Brooklyn, N.Y. 11215 • contact@tealwalk.org
TellEveryAmazingLady.org • 917-310-4835 • TEALWalk.org • Not-For-Profit 501(c)3 Charitable Organization

T.E.A.L.® MEDICAL RESEARCH PROGRAM BENEFICIARIES

LIFETIME

42 MEDICAL RESEARCH STUDIES FUNDED

\$806,050

RAISED FOR MEDICAL RESEARCH STUDIES

2009

OCRF - University of Texas MD Anderson Cancer Center

\$50,000

2013

Johns Hopkins University School of Medicine

\$25,000

OCRF - Dana Farber Cancer Institute

\$25,000

University of Washington

\$20,000

2017

University of Illinois at Chicago

\$35,000

OCRA - Stanford University

\$20,000

Johns Hopkins University School of Medicine

\$10,000

2021

University of Texas Health San Antonio

\$14,000

Collaborative Partner in Science for OCRA

\$1,500

2010

OCRF - University of Pennsylvania School of Medicine

\$55,000

2014

Massachusetts General Hospital

\$30,000

Memorial Sloan Kettering Cancer Center

\$20,000

OCRF - Weill Medical College of Cornell University

\$30,000

Ovarian Cancer National Alliance (OCNA) SU2C Dream Team

\$5,000

University of Pennsylvania School of Veterinary Medicine

\$5,000

2018

Ovarian Cancer Institute

\$25,000

Memorial Sloan Kettering Cancer Center

\$9,350

Fred Hutchinson Cancer Center as a Collaborative Partner in Science for OCRA

\$5,000

2022

University of Illinois at Chicago

\$10,000

Collaborative Partner in Science for OCRA

\$1,000

2011

OCRF - Stanford University School of Medicine

\$75,000

2015

Icahn School of Medicine at Mount Sinai

\$30,000

University of Illinois at Chicago

\$20,000

OCRF - University of Pennsylvania

\$20,000

Yeshiva University

\$10,000

2019

University of Notre Dame

\$25,000

Cedars Sinai Medical Center

\$14,000

Cedars Sinai Medical Center

\$5,000

Collaborative Partner in Science for OCRA

\$5,000

2023

University of Illinois at Chicago

\$10,000

Collaborative Partner in Science for OCRA

\$1,200

2012

OCRF - Johns Hopkins University School of Medicine

\$55,000

University of Washington

\$20,000

2016

University of Kansas Cancer Center

\$32,500

University of Illinois at Chicago

\$20,000

Ovarian Cancer Institute Laboratory at Georgia Institute of Technology

\$10,000

OCRA - University of Pennsylvania

\$7,500

2020

Johns Hopkins University School of Medicine

\$25,000

OCRA - Thomas Jefferson University

\$4,000

2024

Cedars Sinai Medical Center

\$10,000

Wake Forest School of Medicine

\$10,000

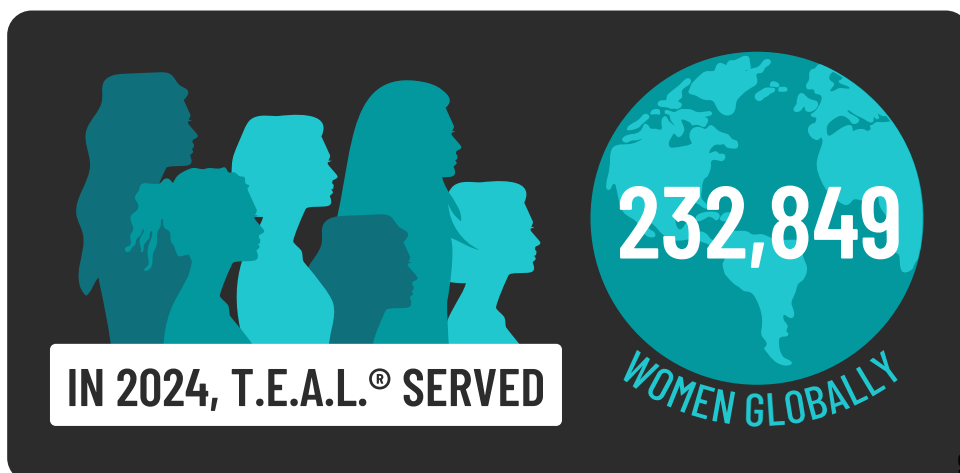
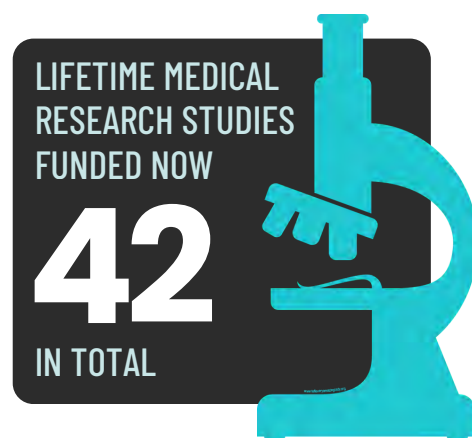
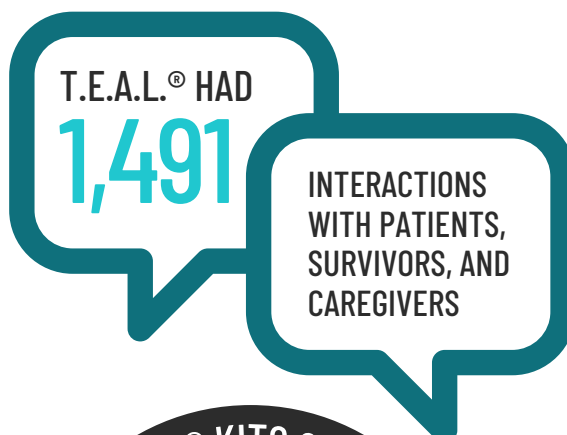
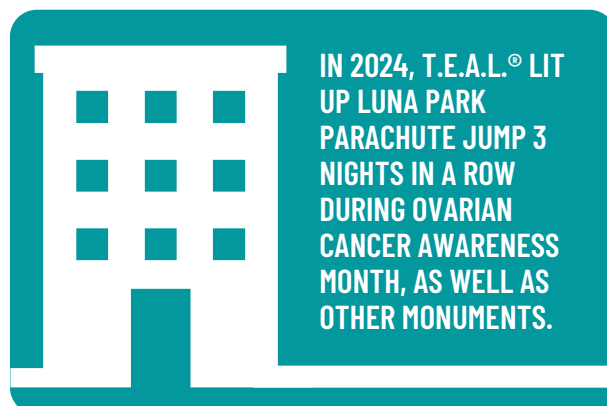
Collaborative Partner in Science for OCRA

\$1,000

TELL EVERY AMAZING LADY.org

SOME OF OUR IMPACT IN 2024

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TELL EVERY AMAZING LADY ABOUT OVARIAN CANCER
LOUISA M. MCGREGOR OVARIAN CANCER FOUNDATION T.E.A.L. ®
STATEMENTS OF FINANCIAL POSITION
DECEMBER 31, 2024 AND 2023

	<u>2024</u>	<u>2023</u>
ASSETS		
CURRENT ASSETS		
Cash and Cash Equivalents	\$ 490,377	\$ 521,325
Grant Receivable	123,944	89,235
Prepaid Expenses	32,443	28,454
Total Current Assets	<u>646,764</u>	<u>639,014</u>
NONCURRENT ASSETS		
Construction in Progress	29,293	-
Trademarks	16,000	16,000
Operating Right-of-Use Asset	51,661	66,204
Total Noncurrent Assets	<u>96,954</u>	<u>82,204</u>
Total Assets	<u><u>\$ 743,718</u></u>	<u><u>\$ 721,218</u></u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts Payable and Accrued Expenses	\$ 8,644	\$ 23,418
Operating Right-of-Use Liability, Current	40,161	47,423
Total Current Liabilities	<u>48,805</u>	<u>70,841</u>
NONCURRENT LIABILITIES		
Operating Right-of-Use Liability, Less Current	14,896	20,357
Total Liabilities	<u>63,701</u>	<u>91,198</u>
COMMITMENTS AND CONTINGENCIES		
NET ASSETS		
Without Donor Restrictions	633,919	626,020
With Donor Restrictions	46,098	4,000
Total Net Assets	<u>680,017</u>	<u>630,020</u>
Total Liabilities and Net Assets	<u><u>\$ 743,718</u></u>	<u><u>\$ 721,218</u></u>

See accompanying Notes to Financial Statements.

TELL EVERY AMAZING LADY ABOUT OVARIAN CANCER
LOUISA M. MCGREGOR OVARIAN CANCER FOUNDATION T.E.A.L. ®
STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS
YEAR ENDED DECEMBER 31, 2024

	Without Donor Restrictions	With Donor Restrictions	Total
SUPPORT AND REVENUE			
Support:			
Public Contributions	\$ 167,561	\$ 125,028	\$ 292,589
Special Events	197,069	-	197,069
Government Contributions	209,359	-	209,359
Donated Materials and Services	42,769	-	42,769
Net Assets Released from Restrictions	82,930	(82,930)	-
Total Support	699,688	42,098	741,786
Revenue:			
Interest and Dividend Income	1,949	-	1,949
Merchandise Sales	918	-	918
Total Revenue	2,867	-	2,867
Total Support and Revenue	702,555	42,098	744,653
EXPENSES			
Program Services:			
Research	25,071	-	25,071
Awareness Education	304,017	-	304,017
Survivor	214,488	-	214,488
Wellness	28,640	-	28,640
Total Program Services	572,216	-	572,216
Supporting Services:			
Management and General	96,803	-	96,803
Fundraising	25,637	-	25,637
Total Supporting Services	122,440	-	122,440
Total Expenses	694,656	-	694,656
CHANGES IN NET ASSETS	7,899	42,098	49,997
Net Assets - Beginning of year	626,020	4,000	630,020
NET ASSETS - END OF YEAR	<u>\$ 633,919</u>	<u>\$ 46,098</u>	<u>\$ 680,017</u>

See accompanying Notes to Financial Statements.

TELL EVERY AMAZING LADY ABOUT OVARIAN CANCER
LOUISA M. MCGREGOR OVARIAN CANCER FOUNDATION T.E.A.L. ®
STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS
YEAR ENDED DECEMBER 31, 2023

	Without Donor Restrictions	With Donor Restrictions	Total
SUPPORT AND REVENUE			
Support:			
Public Contributions	\$ 359,978	\$ 41,129	\$ 401,107
Special Events	179,626	-	179,626
Government Contributions	174,469	-	174,469
Donated Materials and Services	65,948	-	65,948
Net Assets Released from Restrictions	38,629	(38,629)	-
Total Support	818,650	2,500	821,150
Revenue:			
Interest and Dividend Income	185	-	185
Merchandise Sales	952	-	952
Less: Cost of Goods Sold	(3,961)	-	(3,961)
Total Revenue	(2,824)	-	(2,824)
Total Support and Revenue	815,826	2,500	818,326
EXPENSES			
Program Services:			
Research	14,290	-	14,290
Awareness Education	301,625	-	301,625
Survivor	137,177	-	137,177
Wellness	31,202	-	31,202
Total Program Services	484,294	-	484,294
Supporting Services:			
Management and General	80,786	-	80,786
Fundraising	64,269	-	64,269
Total Supporting Services	145,055	-	145,055
Total Expenses	629,349	-	629,349
CHANGES IN NET ASSETS	186,477	2,500	188,977
Net Assets - Beginning of year	439,543	1,500	441,043
NET ASSETS - END OF YEAR	\$ 626,020	\$ 4,000	\$ 630,020

See accompanying Notes to Financial Statements.

TELL EVERY AMAZING LADY ABOUT OVARIAN CANCER
LOUISA M. MCGREGOR OVARIAN CANCER FOUNDATION T.E.A.L. ®
STATEMENT OF FUNCTIONAL EXPENSES
YEAR ENDED DECEMBER 31, 2024

	Program Services					Supporting Services			Total Expenses
	Research	Awareness Education	Survivor	Wellness	Total	Management and General	Fundraising	Total	
Salaries	\$ 1,181	\$ 136,789	\$ 110,996	\$ 12,383	261,349	\$ 18,702	\$ 6,018	24,720	286,069
Payroll Taxes	87	10,189	8,439	900	19,615	1,391	336	1,727	21,342
Benefits	19	2,625	1,771	196	4,611	298	96	394	5,005
Total Salaries and Related Expenses	1,287	149,603	121,206	13,479	285,575	20,391	6,450	26,841	312,416
Research Grants:									
Grants Awarded	21,000	-	1,300	-	22,300	-	-	-	22,300
Occupancy:									
Rent	958	21,264	21,788	2,831	46,841	8,794	2,816	11,610	58,451
Property and Casualty Insurance	187	3,853	3,375	607	8,022	8,483	650	9,133	17,155
Telephone	-	2,447	2,175	272	4,894	272	272	544	5,438
Licenses, Fees, and Dues	1	11,569	1,624	1,481	14,675	73	3,152	3,225	17,900
Professional Fees:									
Legal and Accounting	-	1,949	4,200	-	6,149	26,108	-	26,108	32,257
Outside Services	376	10,311	4,697	465	15,849	17,886	2,398	20,284	36,133
Administration:									
Mailing, Printing, and Postage	92	7,120	5,369	389	12,970	806	884	1,690	14,660
Office and Miscellaneous	1,170	83,377	47,466	7,900	139,913	13,309	8,455	21,764	161,677
Equipment Rental	-	4,643	628	581	5,852	-	430	430	6,282
Bank Charges	-	-	-	-	-	681	-	681	681
Travel	-	432	15	18	465	-	7	7	472
Advertising and Public Relations	-	7,449	645	617	8,711	-	123	123	8,834
Total Expenses	<u>\$ 25,071</u>	<u>\$ 304,017</u>	<u>\$ 214,488</u>	<u>\$ 28,640</u>	<u>\$ 572,216</u>	<u>\$ 96,803</u>	<u>\$ 25,637</u>	<u>\$ 122,440</u>	<u>\$ 694,656</u>

See accompanying Notes to Financial Statements.

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LOUISA M. MCGREGOR OVARIAN CANCER FOUNDATION T.E.A.L. ®
STATEMENT OF FUNCTIONAL EXPENSES
YEAR ENDED DECEMBER 31, 2023

	Program Services					Supporting Services			Total Expenses
	Research	Awareness Education	Survivor	Wellness	Total	Management and General	Fundraising	Total	
Salaries	\$ 1,028	\$ 168,107	\$ 35,641	\$ 16,807	\$ 221,583	\$ 14,433	\$ 44,410	\$ 58,843	\$ 280,426
Payroll Taxes	82	13,333	2,827	1,333	17,575	1,228	3,522	4,750	22,325
Benefits	12	1,901	403	190	2,506	163	502	665	3,171
Total Salaries and Related Expenses	1,122	183,341	38,871	18,330	241,664	15,824	48,434	64,258	305,922
Research Grants:									
Grants Awarded	11,200	-	1,000	-	12,200	-	-	-	12,200
Occupancy:									
Rent	926	20,628	20,903	2,705	45,162	7,896	2,742	10,638	55,800
Property and Casualty Insurance	176	3,703	3,100	441	7,420	8,055	635	8,690	16,110
Telephone	-	1,454	1,292	162	2,908	162	162	324	3,232
Licenses, Fees, and Dues	1	11,166	1,631	2,426	15,224	(928)	3,356	2,428	17,652
Professional Fees:					-			-	-
Legal and Accounting	-	2,151	-	-	2,151	22,010	-	22,010	24,161
Outside Services	-	6,193	2,340	181	8,714	19,849	1,783	21,632	30,346
Administration:					-			-	-
Mailing, Printing, and Postage	23	7,895	2,942	165	11,025	349	747	1,096	12,121
Office and Miscellaneous	836	56,566	63,781	6,277	127,460	7,063	5,763	12,826	140,286
Equipment Rental	-	3,980	545	476	5,001	-	451	451	5,452
Bank Charges	-	-	-	-	-	506	-	506	506
Travel	6	727	116	36	885	-	32	32	917
Advertising and Public Relations	-	3,821	656	3	4,480	-	164	164	4,644
Depreciation	-	-	-	-	-	-	-	-	-
Total Expenses	\$ 14,290	\$ 301,625	\$ 137,177	\$ 31,202	\$ 484,294	\$ 80,786	\$ 64,269	\$ 145,055	\$ 629,349

See accompanying Notes to Financial Statements.

2024 Tell Every Amazing Lady® Events/Activities/Workshops

January 2024:

- **Energy Healing and Meditation-Virtual Series (1/3/24)**
- **Energy Healing and Meditation-Virtual Series (1/10/24)**
- **Energy Healing and Meditation-Virtual Series (1/17/24)**
- **Brooklyn Prospect High School Career Fair (1/19/24)**
 - On January 19, 2024, Tell Every Amazing Lady® staff attended Brooklyn Prospect High School's Career Fair in Brooklyn, NY. At the career fair, T.E.A.L.® staff educated students about the signs, symptoms, and risk factors of ovarian cancer, and also dispersed awareness materials. Students also learned about prospective internships, and volunteer/learning opportunities at T.E.A.L.®. It was a great way for T.E.A.L.® to engage with the community while simultaneously spreading awareness about ovarian cancer.
- **Energy Healing and Meditation-Virtual Series (1/24/24)**

February 2024:

- **Ghost Pirates Hockey Savannah Fights Cancer Night (2/2/24)**
 - On February 2nd, the Savannah Ghost Pirates Hockey Fights Cancer Night hosted by Kappa Psi Delta Omega at the Enmarket Arena, took on the Florida Everblades and all the ticket proceeds were donated to T.E.A.L.®!
- **Team Tell Every Amazing Lady® Half Marathon Meet-up (2/3/24)**
 - On February 3, 2024, Tell Every Amazing Lady® hosted a hybrid in-person and virtual meetup for Team Tell Every Amazing Lady® in the 2024 United Airlines NYC Half. A portion of the team was in-person at the T.E.A.L.® Community Center in Park Slope, BK, and the remainder attended virtually. The meetup served as a way for the runners to meet each other, learn more about T.E.A.L.®, and become educated about the signs, symptoms, and risk factors of ovarian cancer. All runners are raising funds to combat ovarian cancer and spread awareness.
- **Energy Healing and Meditation-Virtual Series (2/7/24)**
- **Pratt University Spring Career Fair (2/9/24)**
 - On February 9, 2024, Tell Every Amazing Lady® staff attended Pratt Institute's Career Fair in Clinton Hill, BK. At the career fair, T.E.A.L.® staff educated students about the signs, symptoms, and risk factors of ovarian cancer, and also dispersed awareness materials. Students also learned about prospective internships, and volunteer/learning opportunities at T.E.A.L.®. It was a great way for T.E.A.L.® to engage with the community while simultaneously spreading awareness about ovarian cancer.
- **Energy Healing and Meditation-Virtual Series (2/14/24)**
- **Kean University Presentation (2/14/24)**

- Tell Every Amazing Lady hosted Kean University Genetic Counseling Graduate Students for a virtual presentation about ovarian cancer diagnosis and risk factors, as well as support and resources available through T.E.A.L.® on February 14th, 2024. The students also had the chance to learn about the many ways to get involved with T.E.A.L.®. Students who were interested in T.E.A.L.®'s mission will have the opportunity to intern with us this upcoming summer.
- **Midwinter Lions Convention (2/17/24)**
 - On February 17th, 2024, T.E.A.L.® attended the Annual Midwinter Lions Convention at Xaverian High School in Bay Ridge, Brooklyn. T.E.A.L.® had a table at this year's event where 20K1 Lions T.E.A.L.® Committee representatives were able to connect with attendees and educate on the signs and symptoms of ovarian cancer. In addition this event was a great opportunity to allow T.E.A.L.® to connect with different Lions Clubs throughout NYC about ways in which they can become involved with T.E.A.L.®'s programs.
- **Energy Healing and Meditation-Virtual Series (2/21/24)**
- **Energy Healing and Meditation-Virtual Series (2/28/24)**
- **NYU Workshop-Branding in the Social Impact Field (2/29/24)**
 - On February 29, 2024, CEO and Co-founder, Pamela, led a workshop at the Social Impact Career Hub at NYU in Manhattan, NY. Branding in the Social Impact Field -Crafting a Non-Profits Brand Identity was a dynamic workshop designed to enlighten students on the crucial role of branding in the nonprofit sector. In this engaging workshop, students learned from T.E.A.L.®'s CEO and Co-founder on how branding has helped the organization succeed as she shared strategies.

March 2024:

- **Team Tell Every Amazing Lady® Half Marathon Meet-up (3/2/24)**
 - Tell Every Amazing Lady® hosted a virtual meetup for Team Tell Every Amazing Lady® in the 2024 United Airlines NYC Half on March 4, 2024. The meetup served as a way for the runners to connect again ahead of the March 17, 2024, race. Those who were unable to attend the first meetup attended this one, and shared their personal story of how ovarian cancer had impacted them.
- **Staten Island Women in Business Expo (3/3/24)**
- **Energy Healing and Meditation-Virtual Series (3/6/24)**
- **CB14 Annual Youth Conference (3/6/24)**
 - On March 6, 2024, representatives from T.E.A.L.® attended the CB 14 Annual Youth Conference at the YMCA in Flatbush, Brooklyn. During this event T.E.A.L.® had the opportunity to connect with Brooklyn youth and their families on the many ways to get involved with T.E.A.L.® through, internships, volunteering, the T.E.A.L.® Youth Ambassador Program. T.E.A.L.® was also able to inform the community about the many free resources available to them such as our many workshops we hold throughout the year like our weekly Energy Healing and Meditation Workshop. This was a great opportunity to inform the community about T.E.A.L.®'s programs as well as educated on the signs, symptoms, and risk factors of ovarian cancer

- **Lions Women's History Month Event in Queens (3/10/24)**
 - On March 10, 2024, 20K1 Lions T.E.A.L.® Committee representatives attended the Celebrating Women's History Month, at Betty's Catering in Elmhurst, NY. 20K1 Lions T.E.A.L.® Committee representative was able to address the crowd, and talk about T.E.A.L.®'s mission. It was a great event, thank you Lions!
- **T.E.A.L.® attends the 77th Precinct Community Council Meeting (3/11/24)**
 - On March 11, 2024, T.E.A.L.®'s CEO attended The 77th Precinct Community Council Meeting in Observance of Women's Herstory Month, at the Crown Hill Theatre in Crown Heights, Brooklyn. Our CEO was on the panel along with Council Member Hudson, and other distinguished panelists, where they all addressed the crowd and educated the public about important women's issues, including women's health. Attendees of this event were local community members both on zoom, and in-person at the theater.
- **Energy Healing and Meditation-Virtual Series (3/13/24)**
- **Navigating A Gynecologic Cancer Diagnosis Webinar (3/14/24)**
 - On March 14, 2024, T.E.A.L.® co-hosted a Navigating a Gynecologic Cancer Diagnosis Webinar. Since 2021, T.E.A.L.® has partnered with Woman to Woman, Sharsheret, Wisconsin Ovarian Cancer Alliance, and several other organizations to host a virtual Navigating a Gynecologic Cancer Diagnosis panel. The panel consists of doctors, social workers and survivors. The purpose of the webinar was to allow anyone who was diagnosed with ovarian cancer, cervical cancer, endometrial cancer, or any gynecologic cancer to join and learn about helpful resources and become a part of a supportive community.
- **Team Tell Every Amazing Lady® Half Marathon Expo and Team Brunch (3/16/24)**
 - On March 16, 2024, members of Team Tell Every Amazing Lady® attended the United Airlines NYC Half Marathon Expo Experience presented by New Balance at Center 415 in Manhattan, NY. This was a fun way for participants to pick up their bibs, get last minute tips and take team photos. We also then walked over to Pret A Manger, where T.E.A.L.® treated Team Tell Every Amazing Lady® to lunch. All the runners were gifted branded T.E.A.L.® items, and more awareness materials.
- **United Airlines NYC Half Marathon (3/17/24)**
 - Team Tell Every Amazing Lady® was thrilled to cheer on our charity runners as they ran the 13.1-mile 2023 United Airlines New York City Half Marathon on March 17th, 2024. Staff and supporters spotted the runners in Grand Army Plaza, Brooklyn, where we spread ovarian cancer awareness with handheld signs and teal pom poms.
- **The Next Generation of Women in Leadership Women's History Month Event (3/19/24)**
 - On March 19, 2024, T.E.A.L.® staff and Josephine the Dragon attended an event at City Hall celebrating Women's History Month. The event, The next generation of women in leadership, featured New York City Council Members: Speaker Adrienne E. Adams, Majority Leader Amanda Farias, Deputy Speaker Diana Ayala, Majority Whip Selvena N. Brooks-Powers and The New York City Caucus Co-Chairs, Carmen De La Rosa, and Julie Menin.

- **Energy Healing and Meditation-Virtual Series (3/20/24)**
- **Jewelry Making Workshop (3/22/24)**
 - On March 22, 2024, T.E.A.L.® hosted a free Jewelry Making Workshop at the T.E.A.L.® Community Center in Park Slope, BK, to celebrate Women's History Month. This workshop invited anyone of all ages to come together and make jewelry while learning about women's health issues and the importance of gynecologic healthcare in early prevention and detection of diseases. A poll was collected at the end of the workshop where each attendant had stated that following the workshop they understood better the importance of annual OBGYN appointments.
- **TD Bank - Women in Leadership Educational Presentation (3/26/24)**
- **Energy Healing and Meditation-Virtual Series (3/27/24)**
- **NYU Spring 2024 Global Public Health Career Fair (3/29/24)**
 - On March 29, 2024, T.E.A.L.® Staff attended the Spring 2024 NYU Global Public Health Career Expo (Hosted by Wasserman & GPH) in Manhattan, NY. There, T.E.A.L.® Staff engaged with NYU Undergraduate and Graduate students who were pursuing degrees in Global Public Health. It was a great way for T.E.A.L.® Staff to meet potential new volunteers, and interns, while simultaneously educating the future leaders of Public Health about the signs, symptoms, and risk factors of ovarian cancer.

April 2024:

- **Energy Healing and Meditation-Virtual Series (4/3/24)**
- **National Public Health Week with Council Member Shekar Krishnan (4/5/24)**
 - On April 5, 2024, T.E.A.L.® Staff attended Council Member Shekar Krishnan of District 25's National Public Health Week, "Let's Talk About Cancer" in Elmhurst, NY. The purpose of this event was for attendees to learn about a variety of cancer screening programs, receive general cancer education and prevention information, and be presented with the opportunity to make appointments for free breast, cervical, and colorectal screenings. It was a great and informative event, where T.E.A.L.® was given the opportunity to remind the public that ovarian cancer does not have a screening test.
- **Energy Healing and Meditation-Virtual Series (4/10/24)**
- **Red Door Community's Oncology Professionals Network (4/11/24)**
 - On April 11, 2024, T.E.A.L.®'s CEO attended Red Door's Oncology Professionals Networking Conference via zoom. This conference was an opportunity for representatives of a variety of healthcare institutions to present on their respective services and to discuss continued efforts at collaboration. T.E.A.L.®'s CEO presented, and educated the attendees on T.E.A.L.®'s mission, and the signs, symptoms, and risk factors of ovarian cancer.
- **Energy Healing and Meditation-Virtual Series (4/17/24)**
- **Stress Reduction: Through Self Massage Techniques Workshop with W2W (4/18/24)**
- **Food, Fun & Facts Luncheon (4/20/24)**

- Check out the Staten Island Advance article that covers T.E.A.L.®'s latest informational event, Food, Fun & Facts: Ovarian Cancer and Genetics Luncheon, at Corrado's Cucina on April 20, 2024! The event took place in Council Member Joe Borelli's 51st district and included a free lunch during an educational presentation by Flora Days, MS, CGC, a genetic counselor and T.E.A.L.® Board Member, and a family impacted by cancer and genetics sharing their personal story. This article explains that this event was part of T.E.A.L.®'s ovarian cancer awareness campaign leading up to May 8th, which is World Ovarian Cancer day.
- **The 2nd Annual Thrive Expo (4/21/24)**
 - On April 21, 2024, T.E.A.L.® Representatives attended the 2nd Annual Thrive Expo in Staten Island, NY. The goal of the expo was to offer women a chance to prepare for a new career or business or grow in their current role. Solutions were provided to overcome any barriers they may be facing and they were given the opportunity to meet with potential employers. It was a great event, and opportunity for T.E.A.L.® to spread our mission, engage with the Staten Island Community, and support women!
- **Brooklyn Sunset Park Lions Club Community Health Resource Fair (4/21/24)**
 - On April 21, 2024, T.E.A.L.® attended the Sunset Park Lions Club Community Health and Resource Fair at Our Lady of Perpetual Help in Sunset Park, Brooklyn. T.E.A.L.® had a table at this year's event where representatives connected with attendees and educated on the signs and symptoms of ovarian cancer. Additionally, this event was an opportunity for T.E.A.L.® to connect with other Lions Club Members as well as an array of community health organizations based in NYC to connect on ways they can become involved with T.E.A.L.®'s programs.
- **Energy Healing and Meditation-Virtual Series (4/24/24)**

May 2024:

- **Energy Healing and Meditation-Virtual Series (5/1/24)**
- **Energy Healing and Meditation-Virtual Series (5/8/24)**
- **Women's Caucus World Ovarian Cancer Launch (5/8/24)**
 - May 8th is World Ovarian Cancer Day. On this day Tell Every Amazing Lady® unites in solidarity with the New York City Council Women's Caucus Members to honor every Amazing lady affected by this formidable disease. As an integral part of this global initiative, Tell Every Amazing Lady® proudly joins the chorus of voices advocating for awareness and action. T.E.A.L.® is honored to support World Ovarian Cancer Coalition on this initiative. Tell Every Amazing Lady® stood on the steps of New York City Hall with the New York City Council Women's Caucus Members in honor of May 8th, as a powerful representation of New York City's commitment to continue to battle this deadly, overlooked, and underfunded women's health disease. Council Members of the New York City Council Women's Caucus include Julie Menin, Carmen De La Rosa, Carlina Rivera, Gale A. Brewer, Diana Ayala, Kristy Marmorato, Pierina Ana Sanchez, Althea Stevens, Amanda Farias, Vickie Paladino, Sandra Ung, Tiffany Cabán, Linda Lee, Julie Won, Nantasha Williams, Lynn Schulman, Selvena N. Brooks-Powers, Joann Ariola, Jennifer Gutiérrez, Crystal Hudson, Sandy

Nurse, Alexa Avilés, Shahana Hanif, Rita Joseph, Darlene Mealy, Susan Zhuang, Farah N. Louis, Mercedes Narcisse, Inna Vernikov, and Kamillah Hanks. The New York City Council Women's Caucus, side by side and dressed in the color teal, illuminated the signs and symptoms of this often overlooked disease, while empowering women with knowledge and rallying support for early detection and intervention. Please visit our Youtube to learn more about what the New York City Council

- **TD Bank Volunteer Day at T.E.A.L.® Community Center (5/14/24)**
 - T.E.A.L.® is grateful to doTERRA for supplying us with the funds to create and send out 250 chemo kits to patients undergoing ovarian cancer treatment across the country. Our kits went to cancer care facilities including Miriam Rutgers Cancer Center in New Jersey, Yale New Haven Hospital in Connecticut, Moffitt Cancer Center in Florida, and St. Joseph's/Candler Hospital, Memorial University Medical Center, and SJC Oncology Services in Georgia. In order to assemble the kits, T.E.A.L.® was very excited to collaborate with volunteers from TD Bank who came to the T.E.A.L.® Community Center in Brooklyn on May 14th.
- **Energy Healing and Meditation-Virtual Series (5/15/24)**
- **Staten Island Advance Press (5/15/24)**
 - [Ovarian cancer, a leading cause of death for women, explained at a Staten Island luncheon](#)
- **Daughters of T.E.A.L.® Meet-up (5/21/24)**
 - On May 21st, 2024 we brought our Daughters of T.E.A.L.® support group, a community that provides women who have experienced the loss due to ovarian cancer with a safe space to connect and heal. This group allows women to share their personal stories, find comfort in others who truly understand, and offer mutual support through the difficult journey of grief. Through the virtual workshops, participants from anywhere can join and support each other, helping to navigate the emotional challenges of losing a mother, daughter, aunt, sister, or friend to the disease. We are proud to continue fostering this empowering and healing community.
- **Energy Healing and Meditation-Virtual Series (5/22/24)**
- **Energy Healing and Meditation-Virtual Series (5/29/24)**
- **Brooklyn Org's Park Slope Listening Tour (5/30/24)**
 - On May 30, 2024, T.E.A.L.®'s CEO attended Brooklyn Org's Park Slope Listening Tour at Da Nonna Rosa in Park Slope, BK. The purpose of this event was to hear from Brooklynites who are doing important work in the community. T.E.A.L.®'s CEO got to present, and discuss T.E.A.L.®'s mission, and spread awareness about ovarian cancer. It was a wonderful way to engage with the community, while simultaneously learning more about other community-based organizations, leaders, and educators.

June 2024:

- **CAMBA Beacon 361's Block Party and Health Fair in East Flatbush (6/1/24)**
 - On June 1st, 2024, T.E.A.L.® participated in CAMBA Beacon 361's Block Party and Health Fair in East Flatbush, New York. T.E.A.L.® set up a table to inform attendees about the signs, symptoms and

risk factors of ovarian cancer and introduce them to T.E.A.L.®'s mission and programming. It was a great way for us to engage with and spread awareness to the community. Thank you to CAMBA for inviting us!

- **Breathing Through Ovarian Cancer Workshop (6/4/24)**
- **Energy Healing and Meditation-Virtual Series (6/5/24)**
- **Global Running Day Event with Lululemon (6/6/24)**
 - On June 6th, 2024, the Las Vegas T.E.A.L.® Committee collaborated with Lululemon for Global Running Day in Las Vegas, Nevada. The event raised awareness about ovarian cancer and assisted in spreading the word about the First Las Vegas T.E.A.L.® Walk/Run™. Tell Every Amazing Lady® had an awareness table with flyers and other materials for the public.
- **Brooklyn Pride LGBTQIA+ 5K Run/Walk (6/8/24)**
 - T.E.A.L.® staff attended the Brooklyn Pride LGBTQIA+ 5K Run/Walk on Saturday, June 8, 2024 in Prospect Park, Brooklyn. T.E.A.L.® enjoyed showing support for LGBTQIA+ community members and celebrating Pride Month! We also used this opportunity to invite participants to our own 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration coming up on September 7, 2024!
- **Brooklyn Multicultural Pride Festival 2024 (6/8/24)**
 - On June 8th, 2024, Tell Every Amazing Lady® attended the Brooklyn Multicultural Festival in celebration of pride month in Park Slope, Brooklyn, spanning from Union Street to 9th Street in Park Slope, Brooklyn. At this event, T.E.A.L.® handed out awareness materials and joined our friends at TD Bank for a picture in order to help spread awareness and support the fight against ovarian cancer.
- **Energy Healing and Meditation-Prospect Park Series (6/10/24)**
- **Energy Healing and Meditation-Virtual Series (6/12/24)**
- **T.E.A.L.® and Lavelle School for the Blind (6/10/24)**
 - On June 10, 2024, a representative from the Lavelle School for the Blind met with T.E.A.L.® staff and volunteers at the T.E.A.L.® Community Center as a first step in forging a partnership between the school and T.E.A.L.®. Lavelle's representative brought beautiful student-made artwork, which is now displayed in the windows of the T.E.A.L.® Community Center in Park Slope, BK. Located in the Bronx, the Lavelle School for the Blind is an educational institution which provides students with visual impairments education and resources. Both T.E.A.L.® and Lavelle look forward to partnering with each other at future events. Thank you Lavelle School for the Blind!
- **Volunteer Marissa from Litchfield, Connecticut, dropped off chemo kits in Yale New Haven (6/14/25)**
 - T.E.A.L.® is grateful to doTERRA for supplying us with the funds to create and send out 250 chemo kits to patients undergoing ovarian cancer treatment across the country. Our kits went to cancer care facilities including Miriam Rutgers Cancer Center in New Jersey, Yale New Haven Hospital in Connecticut, Moffitt Cancer Center in Florida, and St. Joseph's/Candler Hospital, Memorial University Medical Center, and SJC Oncology Services in Georgia. On June 14th, our

lovely volunteer Marissa dropped off our last box of kits at Yale New Haven Hospital. We are very thankful to everyone who had a hand in helping us make and send out these kits!

- **SunnyPride 2024 (6/14/25)**
 - Thank you to Sunnyside Shines for hosting such a wonderful pride month event on June 14, 2024, in Sunnyside, NY! T.E.A.L.® staff enjoyed walking around and speaking to vendors and community members about health and health care accessibility for women and gender minorities, especially among Spanish speaking populations. We also handed out our ovarian cancer awareness cards in both English and Spanish.
- **Energy Healing and Meditation-Prospect Park Series (6/17/24)**
 - Since the pandemic, Tell Every Amazing Lady® has hosted a weekly Energy Healing and Meditation Workshop online and then in 2024 launched a new in-person summer series presented by Tell Every Amazing Lady® In partnership with Prospect Park Alliance and moderated by Jane Weedon, offering participants a soothing start to their week and fostering wellness. These sessions include breathing exercises, tips to mediate stress and anxiety, and the opportunity to meet other community members.
- **Cornell Gynecologist Oncologist Chemo Kit Drop-off (6/18/24)**
- **MSK Cancer Center Chemo Kit Drop-off (6/18/24)**
- **Energy Healing and Meditation-Virtual Series (6/19/24)**
- **T.E.A.L.® attends Cancer and Careers' 14th Annual National Conference on Work & Cancer (6/21/24)**
 - On June 21, 2024, T.E.A.L.®'s Gynecologic Oncology Patient Navigator participated in Cancer and Careers' 14th Annual National Conference on Work & Cancer webinar. This full-day event united more than 770 patients, survivors, caregivers, healthcare professionals, advocates, employers/HR representatives, and others affected by cancer. The conference focused on navigating the challenges of balancing treatment and recovery with employment. Key topics discussed included continuing to work during treatment, making decisions about disclosing one's condition, and managing treatment-related side effects.
- **Energy Healing and Meditation-Prospect Park Series (6/24/24)**
- **PAWA and T.E.A.L.® (6/24/24)**
 - On June 24, 2024, six members of the Protection of Asian Women in America (PAWA) of New York City participated in T.E.A.L.®'s weekly morning meditation at Prospect Park in Brooklyn and then visited our T.E.A.L.® Community Center to explore collaboration opportunities and educational initiatives for their members. We had the opportunity to educate their members on the signs and symptoms of ovarian cancer, as well as share our ovarian cancer awareness cards, which are available in multiple languages. It was great to learn about PAWA, which is dedicated to empowering women with self-awareness and personal growth through advocacy, support services, community education, and philanthropic events.
- **Launch of RMA Fertility Reproductive Brochure/Tool and T.E.A.L.® Couch video series (6/24/24)**
 - T.E.A.L.® is proud that on June 24, 2024, two of our initiatives, our Reproductive Medical Associates (RMA) of NY collaboration brochure and our Barriers to Women's Health video as part

of our T.E.A.L.® Couch video series were launched! We thank RMA for collaborating on this important oncofertility and fertility preservation brochure project and we thank Golda Arthur from Overlooked Podcast (<https://overlookedpod.com/>) for being a part of our T.E.A.L.® Couch video series and talking with us about how to overcome barriers to women's health. All of these topics are important and understanding them can help us take preventative measures for the fight against ovarian cancer.

- **Energy Healing and Meditation-Virtual Series (6/26/24)**
- **Myths and Tips for Plant-Focused Eating (6/27/24)**
 - On Thursday, June 27, 2024, the T.E.A.L.® Community Center in Park Slope, BK, hosted a Nutrition Workshop in partnership with New York Gastroenterology Associates. The workshop focused on dispelling myths and offering tips for plant-focused eating. Attendees enjoyed tacos for dinner, and a Q&A session highlighting the importance of creating plant-forward meals, led by two nutritionists.
- **2024 Getting Our Fair SHARE Conference (6/27/24)**
 - On June 27, 2024, T.E.A.L.®'s Gynecologic Oncology Patient Navigator, attended the 2024 Getting Our Fair SHARE Conference in New York, New York. The conference focused on addressing health disparities affecting women with cancer due to biases related to race, culture, language, sexual orientation, gender identity, and gender expression. Workshop topics included biases in oncology care, new digital health tools in patient navigation, and networking opportunities with oncology research and patient care professionals.
- **Launch of INA® (6/27/24)**
 - Tell Every Amazing Lady launched a new partnership with Savor Health to offer the Intelligent Nutrition Assistant, INA®, a 24/7 Nutrition Guidance tool. INA® is a knowledge-based personalized nutrition technology expert platform for people with cancer. The information that is provided is based on scientific evidence and the training of oncology-credentialed registered dietitians, nurses, and doctors.
- **Launch of Heart Health Information (6/27/24)**
- **Dance Sweat Give (6/30/24)**
 - Tell Every Amazing Lady® was excited to bring our mission across the country. T.E.A.L.® served as the beneficiary for the Dance, Sweat, Give fundraiser at the Mirhan K. Studio in Burbank, California! This fundraiser was a donation-based dance class to raise funds for the Las Vegas T.E.A.L.® Walk/Run™ in Las Vegas, Nevada. They were able to raise over \$800 for T.E.A.L.® and for the event! We also handed out awareness materials, educational content and more. Thank you Mirhan K. Studio for your generosity!

July 2024:

- **Energy Healing and Meditation-Virtual Series (7/3/24)**
- **Energy Healing and Meditation-Virtual Series (7/10/24)**
- **Energy Healing and Meditation-Prospect Park Series (7/15/24)**

- **Energy Healing and Meditation-Virtual Series (7/17/24)**
- **Maimonides Summer Health Equity Fair (7/18/24)**
 - On July 18, 2024, T.E.A.L.® attended the Maimonides Summer Health Equity Fair in Borough Park, Brooklyn, hosted by Maimonides Medical Center. We gave out awareness cards, information about our survivor support programs, and invited everyone to join us on September 7th at the 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration. We enjoyed meeting representatives from community organizations around NYC and we are looking forward to attending this event again next year!
- **Strike Out Cancer Night with the Savannah Bananas (7/21/24)**
 - On July 21st, Kappa Psi Delta Omega held a "Strike Out Cancer Night" fundraiser with the Savannah Bananas baseball team. A portion of the ticket sales went to the 11th Annual Savannah T.E.A.L.® Walk. Thank you for partnering with us!
- **Nevada Business Web Article (7/22/24)**
- **Farmers Market Outreach (7/24/24)**
- **Energy Healing and Meditation-Virtual Series (7/24/24)**
- **Kappa Psi Pharmaceutical Fraternity, Inc. 61st Grand Council Convention (7/26/24)**
 - The South University Brothers of Kappa Psi presented a poster highlighting Tell Every Amazing Lady® on July 26th, 2024 in Cleveland Ohio. Grand Council Convention is a national conference held by Kappa Psi Pharmaceutical Fraternity, Inc. for the brothers to share and congratulate the organization's progress, elect new officers and plan future endeavors. The conference included a segment for collegiate brothers to present a poster sharing their recent research, and community projects they have worked on within the last two years. The South University brothers created a poster displaying support for T.E.A.L.® and promoting ovarian cancer awareness. The poster was presented among pharmacists across the U.S. in various fields of study including oncology. This conference was a great opportunity to promote the upcoming Savannah T.E.A.L.® Walk event hosted by members of South University plus to promote awareness month.
- **Team Tell Every Amazing Lady® Marathon Run and Brunch (7/27/24)**
- **T.E.A.L.® at a BRIC Concert (7/27/24)**
 - On July 27th, 2024, representatives from T.E.A.L.® tabled an event at a BRIC concert, in Prospect Park, BK. T.E.A.L.® distributed awareness cards and goodies during the event, while promoting the 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration. Thank you BRIC for partnering with us and hosting a fantastic event!
- **Brooklyn Borough President, Antonio Reynoso, visits the T.E.A.L.® Community Center (7/29/24)**
 - T.E.A.L.® was honored to receive a visit from the Brooklyn Borough President, Antonio Reynoso, on July 29th, 2024! T.E.A.L.® Representatives gave Reynoso a tour of the T.E.A.L.® Community Center, shared with him some ovarian cancer statistics and facts, and discussed how his office can help support T.E.A.L.®'s mission of spreading awareness about ovarian cancer and supporting survivors. Reynoso is excited to join T.E.A.L.® as a runner in the 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration on September 7, 2024 in Prospect Park, BK.

- **Farmer's Market Outreach (7/31/24)**
- **Brooklyn Paper, Reynoso tours T.E.A.L.® community center ahead of Ovarian Cancer Awareness Month (7/31/24)**
 - On July 31, 2024, The Brooklyn Paper along with News 12 Brooklyn was here to join the Brooklyn Borough President, Antonio Reynoso on a tour of the T.E.A.L.® Community Center-the only of its kind in the United States. The center which provides nationwide women's health services is important to all Brooklyn residents, especially those impacted by ovarian cancer. Read Brooklyn Paper article

August 2024:

- **Bed Stuy 5K Outreach (8/3/24)**
- **Governor's Island 5K Outreach (8/4/24)**
- **Upper East Side Outreach (8/6/24)**
- **Farmer's Market Outreach (8/7/24)**
- **Energy Healing and Meditation-Virtual Series (8/7/24)**
- **Bed Stuy/Bushwick Outreach (8/9/24)**
- **Outreach - Soho (8/13/24)**
- **Energy Healing and Meditation-Virtual Series (8/14/24)**
- **Outreach at Al Goldstein 5K (8/14/24)**
- **Outreach - Hudson Yards (8/15/24)**
- **WJCL 11th Annual Savannah T.E.A.L.® Walk Press Interview (8/16/24)**
- **WSAV Interviews Victoria About the 11th Annual Savannah T.E.A.L.® Walk (8/19/24)**
 - On August 19th, Victoria Jones, a T.E.A.L.® volunteer and student at South University, was interviewed by WSAV to discuss the 11th Annual Savannah T.E.A.L.® Walk that took place on September 21st, 2024, in Savannah, Georgia. This interview helped raise awareness of the event and its mission. The walk has been supported all these years by volunteer help from South University students and is an opportunity to engage the community, educate them about ovarian cancer, and highlight the support services that T.E.A.L.® offers to those affected by the disease.
- **Outreach at UWS and Central Park (8/21/24)**
- **WSAV Interviews Hannah about the 11th Annual Savannah T.E.A.L.® Walk (8/21/24)**
 - On August 21st, Hannah Stirn, T.E.A.L.® volunteer and student at South University, was interviewed by WSAV to discuss the 11th Annual Savannah T.E.A.L.® Walk that took place on September 21st, 2024, at Lake Mayer. This interview helped raise awareness of the event and its mission. The walk has been supported all these years by volunteer help from South University students and is an opportunity to engage the community, educate them about ovarian cancer, and highlight the support services that T.E.A.L.® offers to those affected by the disease. Check out the interview here: <https://www.wtoc.com/2024/08/21/teal-walk-ovarian-cancer-awareness-month/>
- **The Janice Dean Podcast Hosted T.E.A.L.®'s CEO and a Legacy Board member (8/22/24)**

- On August 22nd 2024, Janice Dean from Fox 5 was joined by T.E.A.L.® Co-founder & CEO, Pamela Esposito-Amery and T.E.A.L.® Legacy Board member, Phyllis Bellocchio as they shared their advocacy for women and families impacted by ovarian cancer and their mission to raise awareness for upcoming walks and programs. Thank you Janice Dean @janicedeanfnc for hosting Tell Every Amazing Lady® on her podcast to help spread awareness about ovarian cancer. During National Ovarian Cancer Awareness Month this September, it is important to be aware of the signs, symptoms and risk factors of this disease.
- **Outreach at NYC RUNS Brooklyn Ice Cream Social Half Marathon & 5K (8/24/24)**
- **Volunteers Help T.E.A.L.® Tie Ribbons Around Brooklyn to Raise Awareness for Ovarian Cancer Awareness Month! (8/26/24)**
 - On Monday, August 26th 2024, Lions Club @lionsclub, Turn the Towns Teal @turnthetownsteal, TD Bank @tdbank_us, North Flatbush @northflatbushbk @theother5th 5th Avenue Bid and our amazing volunteers assisted Tell Every Amazing Lady® in tying teal ribbons all of the way down 5th Avenue and Flatbush Ave in Brooklyn! With the help of our Amazing local community, T.E.A.L.® was able to spread awareness in preparation for this September which is National Ovarian Cancer Awareness Month. This campaign is a series in which the community comes together in order to share knowledge about the signs, symptoms and risk factors of ovarian cancer.
- **Farmer's Market Outreach (8/28/24)**
- **Outreach at Al Goldstein 5K (8/28/24)**
- **WSAV Interviews Ope About the 11th Annual Savannah T.E.A.L.® Walk (8/29/24)**
 - T.E.A.L.® volunteer and student at South University, was interviewed by WSAV to discuss the 11th Annual Savannah T.E.A.L.® Walk that took place on September 21st, 2024, at Lake Mayer.
- **T.E.A.L.® Lights Up Luna Park Coney Island Parachute Jump (8/30/24)**
 - On Thursday, August 30th, 2024, T.E.A.L.® celebrated the start of National Ovarian Cancer Awareness Month by illuminating the Coney Island Parachute Jump at Luna Park in the color teal. From August 30th to September 1st, the iconic Brooklyn landmark was lit up for the 8th consecutive year to promote awareness. The display featured the word "teal," representing both the color associated with the cause and T.E.A.L.®'s mission—Tell Every Amazing Lady®. A special thanks to Luna Park for their continued support in spreading awareness about ovarian cancer!
- **WSAV 11th Annual Savannah T.E.A.L.® Walk Press (8/31/24)**

September 2024:

- **Luna Park Coney Island Parachute Jump (9/1/24)**
- **WABC-NY (ABC) Morning Eye Witness News Mornings Covers Brooklyn Walk (9/3/24)**
- **Farmers Market Outreach (9/4/24)**
- **Energy Healing and Meditation-Virtual Series (9/4/24)**
- **Smith St Outreach (9/4/24)**
- **16th Annual Brooklyn T.E.A.L.® Walk/Run Celebration (9/7/24)**

- On Saturday September 7th, 2024, the 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration kicked off in Prospect Park, Brooklyn. honoring the bravery of ovarian cancer survivors and the strength of their families. The event raised vital funds for research while spreading awareness about this often-overlooked disease. The event draws participants from far and wide. The 5K run was kicked off by Brooklyn Borough President, Antonio Reynoso and Dr. Melissa Frey from New-York Presbyterian Weill Cornell Medicine, followed by a touching survivor ceremony that celebrated those affected by ovarian cancer. T.E.A.L.® Walk/Run™ continues to be a powerful platform for community engagement and advocacy, inspiring participants to unite in the fight against ovarian cancer.
- **Stacy Sager from ABC7 News Broadcasted the Survivor Ceremony at the 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration (9/7/24)**
 - On Saturday, September 7th, eyewitness news anchor Stacy Sager attended the 16th Annual Brooklyn T.E.A.L.® Walk/Run™ Celebration and broadcasted the Survivor Ceremony with ABC7 News! Our Survivor Ceremony featured our “amazing” ladies that came together in person at our largest event of the year. Tell Every Amazing Lady® continues to support and raise awareness about the signs, symptoms and risk factors of ovarian cancer, seeing as there is no screening test for the disease.
- **Pix 11 at 16th Annual Brooklyn T.E.A.L.® Walk/Run Celebration (9/7/24)**
- **WABC-NY (ABC) Covers 16th Annual Brooklyn T.E.A.L.® Walk/Run Celebration (9/8/24)**
- **Brooklyn Paper Features 16th Annual Brooklyn T.E.A.L.® Walk/Run Celebration (9/9/24)**
- **Fox5 KVVUTV Interviews T.E.A.L.® Volunteer About Vegas Walk (9/9/24)**
- **Tell Every Amazing Lady® Turns the Town Teal on Myrtle Ave in Brooklyn (9/10/24)**
 - On Tuesday, September 10th 2024, Tell Every Amazing Lady® staff and volunteers tied teal ribbons around trees on Myrtle Ave in Brooklyn! The ribbons are part of the Turn the Towns Teal @turnthetownsteal campaign to spread awareness about the signs and symptoms of ovarian cancer during September, which is National Ovarian Cancer Awareness Month.
- **Energy Healing and Meditation-Virtual Series (9/11/24)**
- **Morgan Stanley Ovarian Cancer Awareness: Women’s Educational Discussion Panel (9/12/24)**
 - On Thursday, September 12th, 2024, Pamela Esposito-Amery, Tell Every Amazing Lady’s CEO, was invited to be a guest speaker during the Q&A session at Morgan Stanley’s Women’s Ovarian Cancer Awareness Panel. The event helped bring attention to risks and symptoms during National Ovarian Cancer Awareness Month. Tell Every Amazing Lady® staff and volunteers then gathered with the Morgan Stanley team at Times Square on September 17, 2024. Together, they took photos and raised awareness for ovarian cancer, shining a light on this important women’s health issue.
- **Penny Wars Savannah Fundraiser (9/14/24)**
- **11th Annual Litchfield T.E.A.L.® Walk™ (9/14/24)**
 - The 11th Annual Litchfield T.E.A.L.® Walk took place in Bantam, Connecticut on Saturday, September 14th, 2024. Community members gathered to walk laps around Batam Field in dedication to raising awareness about ovarian cancer and honoring survivors. This event

supported Tell Every Amazing Lady® which elevates women's health through ovarian cancer resources and beyond. We offer women's health and wellness services, including public awareness and education of the signs, symptoms and risk factors of ovarian cancer, provide support to those impacted by the disease and raise funds for research in order to find a screening test and a cure. View some of the photos from this annual event here and check our website for future events in the area.

- **Times Square Morgan Stanley Photo Op (9/17/24)**
- **Energy Healing and Meditation-Virtual Series (9/18/24)**
- **WTOC Morning Break Covers 11th Annual Savannah T.E.A.L.® Walk (9/18/24)**
- **WJCL 22 News at 6 Covers 11th Annual Savannah T.E.A.L.® Walk (9/19/24)**
- **P.S. 192 After School Event (9/20/24)**
- **WJCL Morning News Covers 11th Annual Savannah T.E.A.L.® Walk (9/20/24)**
- **11th Annual Savannah T.E.A.L.® Walk™ (9/21/24)**
 - The 11th Annual Savannah T.E.A.L.® Walk took place at Lake Mayer on 9/21/24. This community event is in its 11th year of advocating for those impacted by ovarian cancer. Check out some of the photos from this annual event here and check our website for future events in the area.
- **Navigating A Gynecologic Cancer Diagnosis Webinar (9/25/24)**
 - On September 25, 2024, T.E.A.L.® co-hosted a Navigating a Gynecologic Cancer Diagnosis Webinar. Since 2021, T.E.A.L.® has partnered with Woman to Woman, Sharsheret, Wisconsin Ovarian Cancer Alliance, and several other organizations to host a virtual Navigating a Gynecologic Cancer Diagnosis panel. The panel consists of doctors, social workers and survivors. The purpose of the webinar was to allow anyone who was diagnosed with ovarian cancer, cervical cancer, endometrial cancer, or any gynecologic cancer to join and learn about helpful resources and become a part of a supportive community.
- **Energy Healing and Meditation-Virtual Series (9/25/24)**
- **Brooklyn Paper Courier Cover (9/26/24)**
- **Tell Every Amazing Lady® Featured in USA Today! (9/27/24)**
 - In September, during National Ovarian Cancer Awareness month, USA Today launched an ovarian cancer awareness campaign where Tell Every Amazing Lady® was featured on the cover and interior alongside Shannon Miller, an Olympic gymnast who opened up about her battle with ovarian cancer. You can find us in Mediaplanet's Ovarian Cancer Awareness campaign, throughout September 2024. Usually found at an advanced stage, ovarian cancer is the deadliest gynecologic cancer in part because it is difficult to detect early. Join us in educating everyone on the signs, symptoms, and risk factors, while supporting those affected. Together, we can make a difference! The campaign was distributed through USA TODAY on September 27th, 2024.
- **Municipal Building Lighting (9/30/24)**
- **Bronx County Courthouse Lighting (9/30/24)**

October 2024:

- **Overlooked Podcast: A Full Hysterectomy Could Prevent Cancer, But It Also Kickstarts Menopause: Pamela Esposito-Amery's Story (10/1/24)**
 - Our friends at Overlooked have launched their third season! Check out "A full hysterectomy could prevent cancer – but it also kickstarts menopause: Pamela Esposito-Amery's story"
- **Energy Healing and Meditation-Virtual Series (10/2/24)**
- **2024 Pink and Teal Fundraiser (10/5/24)**
 - The Pink and Teal fundraiser 2024 was a success. Thanks to Timothy Marshall, a dedicated volunteer and supporter of T.E.A.L.®, we hosted our annual fundraiser and awareness event in Brooklyn, NY, on October 5th, 2024. The event welcomed great company with food and music while guests got the opportunity to learn more about ovarian and breast cancer. A portion of the proceeds from the event were donated to Tell Every Amazing Lady®.
- **KLAS (CBS) Good Day Las Vegas Covers 1st Annual Las Vegas T.E.A.L.® Walk (10/7/24)**
- **Brooklyn Botanical Garden Volunteer/Outreach Tour (10/8/24)**
- **Energy Healing and Meditation-Virtual Series (10/9/24)**
- **Let's Talk About Sex in Menopause Workshop (10/10/24)**
- **Lazy Dog Fundraiser (10/11/24)**
- **Lululemon Packet Pick-up for 1st Annual Las Vegas T.E.A.L.® (10/11/24)**
- **2024 Dyker Golf Fundraiser for Tell Every Amazing Lady® (10/11/24)**
 - On October 11th, 2024, T.E.A.L.® was one of the beneficiaries of the South Brooklyn Lions Club Annual Memorial Golf Outing at the Dyker Beach Golf Course. Our CEO was an honored guest who spread awareness and distributed educational materials to attendees.
- **First Las Vegas T.E.A.L.® Walk/Run™ Program (10/12/24)**
 - The 1st Las Vegas T.E.A.L.® Walk/Run was a hit this October 12th, 2024 thanks to amazing volunteers, sponsors and community support!
- **Tell Every Amazing Lady® at District 29 Health Fair (10/13/24)**
 - On October 13th, 2024, Team Tell Every Amazing Lady® attended the District 29 Health Fair alongside other health organizations. This fair was a wonderful opportunity to connect with healthcare organizations and spread more awareness about T.E.A.L.® and ovarian cancer.
- **Energy Healing and Meditation-Virtual Series (10/16/24)**
- **Team Tell Every Amazing Lady® Marathon Meet-up (10/21/24)**
- **Daughters of T.E.A.L.® (10/22/24)**
 - Daughters of T.E.A.L.® is a support group where you can connect with a new friend who understands loss. Become a part of a community helping each other through the stages of losing a mother, daughter, aunt, grandmother, sister, friend, or anyone to ovarian cancer. This will be a virtual workshop so you can join from anywhere.
- **Energy Healing and Meditation-Virtual Series (10/23/24)**
- **GSK - Wellness Beyond Your Treatment Workshop (10/24/24)**
- **Tell Every Amazing Lady® attended the NYPH Tabling Event Empowered Women (10/25/24)**

- On October 25th, 2024, representatives from T.E.A.L.® had an informative tabling session at the Empowered Women event hosted by New York Presbyterian Hospital at the Brooklyn Library with the mission to educate women about Ovarian Cancer. The event was a great opportunity to empower guests as Tell Every Amazing Lady® was able to spread awareness on the signs and symptoms of Ovarian Cancer to attendees.
- **Energy Healing and Meditation-Virtual Series (10/30/24)**

November 2024:

- **Team Tell Every Amazing Lady® TCS New York City Marathon Bib Pick-up (11/2/24)**
- **Bib Pick-up Podcast: Marathon Running Podcast and Channel @Runningpodcast (11/2/24)**
 - During our bib pickup for the 2024 TCS NYC Marathon on November 2nd, one of our runners, Michelle, was featured on Marathon Running Podcast & Channel. In her interview, Michelle discusses her experience training for her first marathon and the support of Team Tell Every Amazing Lady® throughout her journey. She runs in memory of her sister in law who was diagnosed with ovarian cancer.
- **Team Tell Every Amazing Lady® Runs the TCS New York City Marathon (11/3/24)**
 - Tell Every Amazing Lady® ran the 26.2-mile 2024 TCS New York City Marathon on November 3rd, 2024. Staff and supporters were thrilled to cheer on our charity runners and spread ovarian cancer awareness with handheld signs and teal pom poms.
- **Energy Healing and Meditation-Virtual Series (11/6/24)**
- **Energy Healing and Meditation-Virtual Series (11/13/24)**
- **Convo Coffee: Survivor Meet-up in Vegas (11/14/24)**
- **T.E.A.L.® x W2W: 10 Ways to Wear a Scarf Workshop (11/14/24)**
- **Impact Educational Workshop at T.E.A.L.® Community Center (11/14/24)**
- **Tell Every Amazing Lady® Tabled at Confront Cancer with Clarity and Courage (11/16/24)**
 - On November 16th, 2024, Tell Every Amazing Lady® tabled at Choose Healthy Life's event Confronting Cancer with Courage. It was hosted at the Christ Fellowship Baptist Church in Brooklyn, NY. The event provided the opportunity to educate attendees on the signs and symptoms of ovarian cancer as well as the genetic link between ovarian cancers and other cancers such as breast and colon cancer.
- **Energy Healing and Meditation-Virtual Series (11/20/24)**
- **Strike Out Ovarian Cancer - Bowling Event (11/24/24)**
 - On November 24th, 2024, Tell Every Amazing Lady® volunteers and board members hosted Strikeout Ovarian Cancer night at Rabs Country Lanes Bowling Alley in Staten Island, NY, naming Tell Every Amazing Lady® the sole beneficiary. This was a fun event for the Staten Island community but it also educated them more about the signs, symptoms, and risk factors of ovarian cancer which raising funds for Tell Every Amazing Lady® as the sole beneficiary.

December 2024:

- **Energy Healing and Meditation-Virtual Series (12/4/24)**
- **Pamela Esposito-Amery CEO and Co-Founder on Overlooked Podcast (12/5/24)**
- **Kendra Scott Savannah Location Fundraiser (12/6/24)**
- **Energy Healing and Meditation-Virtual Series (12/11/24)**
- **Survivor Social (12/13/24)**
 - This is a chance for our “amazing ladies”, women who at any time in their life have been diagnosed with ovarian cancer, to come together and make friends. At every social we’ll have an interactive activity where you can learn a new skill, share some laughs, and connect with other women. Let’s create community together!
- **Energy Healing and Meditation-Virtual Series (12/18/24)**
- **Tell Every Amazing Lady® Tables at Senior Holiday Health Fair (12/19/24)**
 - On Thursday, December 19th, 2024, Oak St. Health hosted their Holiday Health Fair which was a resource fair and festive holiday party for seniors at the Four Seasons Healthcare Solutions in Canarsie, Brooklyn. Tell Every Amazing Lady® attended and tabled at the event which provided the opportunity to educate attendees on the signs and symptoms of ovarian cancer as well as the genetic link between ovarian cancers and other cancers such as breast and colon cancer.